



AUSTRALIAN BIATHLON

COMPETITION RULES

Adopted as a By-Law 18 July 2019

METADATA TABLE	
Title	Australian Biathlon Competition Rules
Author and Approver:	Australian Biathlon Association Inc. Board (AB Board)
Date and Summary of Modifications:	n/a
Review date:	30 June 2020
Coverage:	All AB Competitions

CHANGE RECORD

Date	Version	Changes Implemented	Authorised By:

TABLE OF CONTENTS

1.	GENERAL.....	1
	1.1. Relationship with AB	1
	1.2. Relationship with IBU Rules.....	1
	1.3. Australian Biathlon Competition Specifications	1
2.	AMENDMENTS	1
3.	MEMBERSHIP	2
4.	LEGAL WAIVERS	2
5.	CARRYING RIFLES	2
6.	AGE CLASSES AND RULES	2
	6.1. Age Classes	2
	6.2. Sports Class	3
	6.3. Use of Rests for shooting	3
	6.4. Firearms Handling	3
	6.5. Penalties.....	4
	6.6. Standing Shooting	4
	6.7. Targets	5
	6.8. Upgrading Class	5
7.	CHANGES TO LENGTH OF RACE AND PENALTIES	5
	7.1. Australian & Victorian Championship courses.....	6
	7.2. Non Championship events.....	6
	7.3. Cancellation of a Race.....	6
8.	RACE DISTANCES AND LOOPS	6
9.	RESULTS AND AWARDS	6
10.	OTHER APPLICABLE RULES AND PROCEDURES.....	7
11.	WORKING WITH CHILDREN CHECKS.....	8
12.	PROTESTS.....	8
	12.1. General	8
	12.2. Protest Types and Conditions.....	8
	12.3. Appeals	9
13.	Equipment.....	9
14.	Definitions	9

ANNEXES

Annex A: Australian Biathlon Competition Specifications June 2018

AB COMPETITION RULES

1. GENERAL

1.1. Relationship with AB

1.1.1. These Competition Rules are adopted by the Australian Biathlon Association Inc. Board (AB Board) as a by-law of the Australian Biathlon Association Inc. (AB).

1.2. Relationship with IBU Rules

1.2.1. It is the policy of AB to run championship events as closely as possible in accordance with the IBU Event and Competition Rules. While the IBU rules are generally followed, IBU rules are necessarily adapted to Australian conditions and legislation, including:

- a) Firearms legislation in the state in which the competition is held;
- b) availability of range infrastructure
- c) snow and grooming conditions

1.2.2. These Competition Rules provide specific rules for running AB events in Australia and where there is a conflict with the IBU regulations, these Competition Rules take precedence.

1.2.3. Where it is unclear whether an IBU rule/s may be applicable, be it for legal or practical reasons, AB Competition rule/s will be applicable. Where AB competition rules are silent on any given matter, the AB Competition Jury shall be responsible for determining what rule/s may apply, including determining whether an IBU rule may be applicable in any given situation.

1.3. Australian Biathlon Competition Specifications

1.3.1. Where these Rules refer to the “Australian Biathlon Competition Specifications” that shall be a reference to the most recent “Australian Biathlon Competition Specifications” published on the AB website.

1.3.2. The “Australian Biathlon Competition Specifications” may be amended from time to time at the absolute discretion of AB.

1.3.3. The “Australian Biathlon Competition Specifications” July 2019 version is attached as Annexure A.

1.3.4. Race distances in the Australian Biathlon Competition Specifications are indicative only and actual race distances may differ, as they may be adjusted to suit conditions on the event day .

1.3.5. Laser class races are non-selection events, but are included to encourage the maximum inclusion and diversity of athletes.

2. AMENDMENTS

These AB Competition Rules may be amended from time to time and those amendments will be published on the website as soon as possible. Any required clarification of Race rules should be directed to the National Race Secretary at e: ausbiathlonracesecretary@gmail.com

3. MEMBERSHIP

For championship races a competitor must be a member of AB with the following exceptions:

- a) A competitor entering an event in Sports Class or a laser-only event;
- b) An international competitor who is not an Australian resident; or
- c) A member of the ADF.

4. LEGAL WAIVERS

It is AB policy that all participants in activities run by AB must sign the appropriate AB Participation Agreement form as a pre-condition for participation. No person will be permitted to participate in an AB activity without having signed this agreement. This policy applies to all AB activities - including championship events, come-and-try-it events, training camps, summer biathlon, laser biathlon and coaching courses. The form needs to be completed with details specific for the activity, e.g. the title of the race and the date, a separate form needs to be signed for each activity. The form must be signed before participating in the activity. Participants under the age of 18 will need to have the form signed by a parent or guardian.

Where race entry is conducted on-line, the appropriate participation agreement is included in the on-line form and clicking on the appropriate check-box prompt signifies that the applicant has read and agrees to the terms. If it is an entry for a child, then the on-line form needs to be submitted by a parent or guardian and the terms agreed to on the child's behalf.

For events where race entry is not conducted on-line, a form can be obtained from the event organiser.

5. CARRYING RIFLES

- 5.1.1. AB owned rifles will not be carried unless permission is given by the Race Secretary in writing and a hire contract is entered into.
- 5.1.2. "Open" and U22 grade competitors must carry rifles.
- 5.1.3. Competitors under 18, being the holder of a Junior Licence in any Australian State and owning their own rifle are restricted to carriage of same while under immediate supervision within the immediate area of the Range. Carriage of the rifle by Junior Firearm Licence holders other than in the immediate range area in any training or race capacity is prohibited by Law.
- 5.1.4. U19 competitors, who are over the age of 18 and possess an adult firearms licence in any Australian State, wishing to carry their rifle in competition may request to compete in the U22 class (see 6.8 Upgrading Class below).

6. AGE CLASSES AND RULES

6.1. Age Classes

- 6.1.1. Age classes are determined by the athlete's age as at the cut-off date of 31st December of the current year.
- 6.1.2. Age classes are as follows:

Classes	Age as at 31 December of the current Year	Eligible for selection to the Development Team or to the National Team*
Veterans	>=55	
Masters	>=35	
Open B	>=22	
Open	>=22	Yes
U22	19 - 21	Yes
U19**	17 -18	Yes
U17**	15 -16	Yes
U15	13 -14	
U13	11 - 12	
U11	9 - 10	
U9	7 - 8	
Sports	Any	

* refer to current AB Selection Policy for details of selection criteria.

** for athletes considering selection to any YJWCH (see 6.8 Upgrading Class below).

National Team Selection: Only athletes competing in one of the age classes with the notation “Yes” in Column 3 in the table above are eligible to qualify for the Australian National or Australian Development Teams.

6.2. Sports Class

6.2.1. A Sports Class AB competitor is defined as a participant who:

- a. is new into the sport and not holding any Firearm Licence or permit, or
- b. has less than 12 months membership of AB and not yet shown their proficiency in other Biathlon training camps or non-competition events domestically or internationally in the past 12 months, or
- c. has demonstrated their proficiency however, is not yet confident to move into their natural age grouping and target settings, or
- d. has demonstrated their proficiency, however wishes to participate for the enjoyment of the sport, rather than for competition

6.3. Use of Rests for shooting

6.3.1. Only those classes where the notations “with rest” or “rest optional” appear in the “Australian Biathlon Competition Specifications” are permitted to use a rest.

6.3.2. Should a rifle sling or arm band not fit, the competitor must hold the rifle unsupported.

6.4. Firearms Handling

6.4.1. Age Classes where the notation “laser rifle” appears in the Australian Biathlon Competition Specifications may only compete using an AB-approved laser rifle system.

6.4.2. All other Age Classes compete using small-bore rifles.

6.4.3. U15, U17 and U19 Age Classes:

- a. For prone shooting bouts. Competitors will have their rifle put down and removed from the mat by a Range Official. The bolt must be left open, magazine removed and rifle pointing down range at completion of the shooting bout. Failure to do so may result in disqualification due to a safety breach.
- b. For standing shooting bouts. Competitors will have their rifle handed to them by a range official at their shooting lane and, after completion of the shooting bout, the competitor shall hand the rifle back to a range official before leaving their shooting lane. The bolt must be left open, magazine removed and the rifle handed to the range official must be pointed in an upwards direction. Failure to do so may result in disqualification due to a safety breach.

6.4.4. U17 and U19 Age Class competitors may, at the discretion of the Chief of Range and subject to resources available on the day of race, be directed to follow the procedure in this section 6.4.4 as an alternative to the procedure in 6.4.3 above:

All rifles must be fitted with a harness.

Competitors shall come to a complete stop at a designated place at/close to the entrance to the shooting ramp. The athlete is to shoulder the rifle, proceed to their shooting lane and shoot. After completion of their shooting bout the competitor shall shoulder the rifle, then, at the designated place at/close to the exit to the shooting ramp, come to a complete stop and hand the rifle to a range official or place the rifle on a rack before leaving the designated area. The bolt must be left open and the rifle handed to the range official must be pointed in an upwards direction. Failure to do so may result in disqualification due to a safety breach.

6.4.5. Firearms are not to be carried from the Range in competition by U15, U17 and U19 competitors. Rifles used by U15, U17 and U19 competitors are not to be removed from the Range until the Chief of Range has closed the Range.

6.5. Penalties

- 6.5.1. Where a time penalty is applicable, athletes in each class are awarded a time penalty for each missed target of the duration shown in Annex A of the Australian Biathlon Competition Specifications for that class.
- 6.5.2. Where penalty loops are applicable, athletes in each class must complete a penalty loop for each missed target of the distance shown in Annex A of the Australian Biathlon Competition Specifications for that class.
- 6.5.3. AB has adopted as penalties those listed in Annex A to this document.

6.6. Standing Shooting

- 6.6.1. Age Classes in the Australian Biathlon Competition Specifications with “p-p” or “p-p-p” in Annex A will shoot in the prone position and do not do standing shooting in AB Competitions.
- 6.6.2. All other classes must do both standing and prone shooting.

6.7. Targets

- 6.7.1. Classes where the notation “prone-on-standing” appears in the in the Australian Biathlon Competition Specifications may shoot in the prone position at 115 mm standing targets.
- 6.7.2. Classes where the notation “prone-on-prone” appears in the Australian Biathlon Competition Specifications will shoot in the prone position at 45mm prone targets.
- 6.7.3. All Classes with the notation “p-s”, “p-s-p-s” or “p-p-s-s” appearing in the “Shooting” column do both prone and standing shooting at regulation prone and standing sized targets.

6.8. Upgrading Class

- 6.8.1. Athletes under the age of 22 should normally race the designated age and race distances applicable to them.
- 6.8.2. Apart from the exceptions in 6.8.3 and 6.8.4, any athlete wishing to ski in other than their natural age class may only do so if:
 - a. the distance specified for the requested class is longer; and
 - b. with prior written permission of the Race Secretary.
- 6.8.3. Once a competitor has reached the age of 18 or greater and holds a full firearms licence in any Australian State or Territory, that competitor is eligible to:
 - a. race their age category or the Open category (including masters or veterans racing Open distance rather than their age class distance); or
 - b. if the competitor is an U19 competitor, race in the U22 class.
- 6.8.4. Any athlete in the U17 age group wishing to be considered for World Youth/Junior championship selection must race in the designated U19 Category.
- 6.8.5. The decision on a request to upgrade class in the circumstances described in section 6.8.2 will be made after taking into account the best interest of the athlete and after a prudent judgement of all ethical and responsible decision making by the Parent/Guardian and personal coach.
- 6.8.6. If an athlete is approved to ski in an age class other than their natural age class they will only be included in the results of the age class they competed in.
- 6.8.7. Athletes who ski in an age class other than their natural age class will, except for those doing so under 6.8.3 and 6.8.4, not be eligible to receive any age class place award but shall receive a time which will be included in the official results.

7. CHANGES TO LENGTH OF RACE AND PENALTIES

Changes to the length of a race, format of a race, penalties for individual events and race cancellation may be made at the sole discretion of the Race Jury when taking into consideration relevant circumstances such as time of season and snow availability, snow grooming performed or weather conditions.

7.1. Australian & Victorian Championship courses

Modified distances for championship events may take place according to snow availability, grooming performed or weather conditions.

7.2. Non Championship events

Courses may be a shortened to suit weather conditions and the class of competitor taking part.

7.3. Cancellation of a Race

- 7.3.1. In extraordinary circumstances a scheduled race may be cancelled at the sole discretion of the Race Jury.
- 7.3.2. Cancellation may occur at any time up to the scheduled competition start time.
- 7.3.3. A cancellation decision shall be made in accordance with Australian Biathlon's Selection Race Cancellation Guidelines for the time being in force.
- 7.3.4. If a Selection Race is subject of a cancellation decision then AB may, but is not obliged to, schedule a replacement Selection race which may be a summer biathlon race. The decision of whether to schedule a replacement Selection Race will be made by AB in its sole discretion with due regard to the availability of the considerable resources that are required to conduct a Selection Race to the required standard.

8. RACE DISTANCES AND LOOPS

Indicative race distances and loops for AB races are as shown on the current Australian Biathlon Competition Specifications. Course distances are estimated by GPS surveys and may differ from the actual course set on the day.

The altitude of Whiskey Flat Biathlon Range is approximately 1625 m.

9. RESULTS AND AWARDS

The final results for races that have been notified to the membership as selection races shall allocate first, second and third places only to athletes who are AB members. Gold, Silver and Bronze medallion awards shall only be made to AB members.

Percent behind calculations shall be made on the basis of excluding the results of any competitors who are not AB members.

If necessary, for the purposes of a selection, a separate percent behind calculation shall be made on the basis of excluding all athletes who are not eligible for the relevant selection.

International athletes and members of the ADF shall receive a time which shall be included on the official results. If an International athlete or a member of the ADF finishes in first, second or third place then the Race Committee may, but is not obliged to, make an additional award at their discretion.

10. OTHER APPLICABLE RULES AND PROCEDURES

- 10.1.1. AB may publish other rules and procedures that also apply to the conduct of AB events in Australia. To the extent that there is a conflict between those other rules and procedures and these Competition Rules, these Competition Rules take precedence.
- 10.1.2. The AB Member Protection Policy, as may be amended from time to time at the absolute discretion of AB, applies to all AB events.
- 10.1.3. The AB Race Day Job Descriptions, as may be amended from time to time at the absolute discretion of AB, currently published on the AB website as document name “RaceDay_Job-Descriptions_2011.pdf” applies to AB events in Australia.
- 10.1.4. The AB Safety Manual, as may be amended from time to time at the absolute discretion of AB, currently published on the AB website as document name “ABA-safety-manual-09.pdf” applies to AB events in Australia.
- 10.1.5. The AB ‘Whiskey Flat Range Safety Standing Orders’, as may be amended from time to time at the absolute discretion of AB, applies to all live firing activities conducted at Whiskey Flat.
- 10.1.6. After starting in a competition, it is forbidden to open the bolt or remove a magazine from the stock or magazine-well except when stopped on the shooting mat. Rifles may be loaded and unloaded only with the barrel pointing in the direction of the targets or up. Inserting a magazine containing bullets into the rifle is also part of the loading procedure. When moving from one shooting lane to another, competitors must first unload their rifle and place the rifle on their back in the normal carrying position.
- 10.1.7. During the competition it is forbidden for any person to give competitors any acoustic or visual information or advice, or to pass on any information to competitors by way of radio or any other communication method on the range including 10 m to the left and right of the range. It is forbidden to pass any information from the shooting butts to the coaches and/or competitors during zeroing and/or the competition. These bans do not apply to the general expressions of applause or disappointment by the spectators.
- 10.1.8. Competitors may exchange their skis only if it can be objectively proven that a competitor has broken skis or bindings by accident. In such case the jury can accept the exchange of one/two skis in order for the competitor to finish the competition. Poles and straps may be exchanged repeatedly. On the shooting range, equipment may only be passed to the athletes by competition officials.
- 10.1.9. Competitors may not change the glide performance of their skis by applying any substances during a competition. They may repair their equipment during a competition, provided they receive no assistance from any other person.
- 10.1.10. Assistance to repair a rifle is only permitted on the shooting range by the competition armorer or a competition official on the shooting range. A rifle may be exchanged only on the shooting range. Competitors are permitted to receive ammunition and magazines only on the shooting range.
- 10.1.11. Competitors may consume refreshments during the competition. The refreshments may be handed to them.
- 10.1.12. Competitors are not permitted to receive any assistance from any other person, other than as expressly stated in these rules. Any other form of assistance (eg counting loops

for the athlete or skiing with them on the course) is prohibited and may lead to disqualification of the athlete.

10.1.13. A competitor, who is in position to pass another competitor, and wishes to pass, must yell "Track." A competitor who is about to be overtaken must clear the course in front of the passing competitor at the first yell of "Track" or other voice signal, even if the course is wide enough. However, this obligation does not apply

a. In the finish corridors

b. In Pursuit, Mass Start, and Men and Women's Relays.

The competitor on or exiting the penalty loop has the right of way over the competitor entering the penalty loop

10.1.14. After starting in a competition, it is forbidden to open the bolt or remove a magazine from the stock or magazine-well except when stopped on the shooting mat. Rifles may be loaded and unloaded only with the barrel pointing in the direction of the targets or up. Inserting a magazine containing bullets into the rifle is also part of the loading procedure. When moving from one shooting lane to another, competitors must first unload their rifle and place the rifle on their back in the normal carrying position

10.1.15. Respect event signage, observe the instructions of event officials.

10.1.16. All competitors must have their bib clearly on view when on the course, including both the ski tracks and the shooting range, and includes during zeroing, official training and warm up time.

11. WORKING WITH CHILDREN CHECKS

All persons over the age of 18 (athletes, race officials and parents) who attend an Australian Biathlon race are required to have a current Working With Children check issued by the relevant authority their Australian State or Territory of residence.

12. PROTESTS

12.1. General

12.1.1. Protests must be submitted within the required time period in writing to the Race Secretary for the Competition Jury, and must be accompanied by a fee of \$150.00. If the protest is upheld, the fee will be refunded. If the protest is rejected the fee will be retained by AB.

12.2. Protest Types and Conditions

12.2.1. Protests concerning eligibility of the competitor may be submitted at any time up to the end of the protest time for the competition in question.

12.2.2. Protests concerning violation of rules by competitors and team staff, mistakes made by officials, competition conditions and the provisional results may be submitted in the time period from the start of zeroing before the competition until 15 minutes after the posting of the provisional results.

12.2.3. If the examination of the protest reveals circumstances that are so serious that cast doubt on the sporting merit of the competition, or if the competition jury from its own

observation comes to the same conclusion, the competition jury may decide to repeat the competition or to annul the competition without repetition.

12.3. Appeals

- 12.3.1. The time limit for lodging an appeal against the imposition of a penalty or a disciplinary measure is one hour. This time limit will begin, before and during the competition, from the notification of the competition jury's decision and, after a competition, beginning from the publication of the final results. The jury of appeal will be made up of at least three people who are all members of the AB executive and have not been members of the competition jury that day. In the event that there are insufficient members of the AB executive board in attendance, the AB Board will nominate AB members to act on their behalf. The jury of appeal will meet immediately after this time limit and make its decision as soon as possible, and in any case before 24:00 hours of the same day.
- 12.3.2. The appeal is to be lodged in writing (on the prescribed AB form) with the AB Executive Officer or their delegate at the competition office. The appeal must be accompanied by a bond of \$250 to be left at the competition office, which will be forfeited to the AB if the appeal is denied. The chairperson of the competition jury must present the reasons for its decision to the jury of appeal. The person concerned must be given a hearing. The decision is to be submitted in writing and a copy kept by the AB Executive Officer. The appeal will be denied in the event of the non-appearance of the appellant. The jury of appeal will not be restricted in the admission or evaluation of evidence. The decisions of the jury of appeal may not be challenged.

13. EQUIPMENT

The provisions of the IBU Event and Competition Rules 'ANNEX A - Material Catalogue' generally apply to Championship competitions conducted by AB. Telescopic poles may not be used in U17, U19, U22 or Open selection races but may be used in other races. Telemark (back-country) or steel-edged skis may not be used in any Championship competition.

14. DEFINITIONS

Australian Biathlon means, in these Competition Rules, the Australian Biathlon Association Incorporated in Victoria, Reg no A0002041F, ABN 18883464584

AB means Australian Biathlon

ADF means the Australian Defence Forces Nordic & Biathlon Association

IBU Rules means the International Biathlon Union Rules currently in force.

Selection Race means, in these Competition Rules, only a biathlon race that AB nominates as a Selection Race for the purposes of Selection to the Australian Team, the Australian Biathlon Development Team, YJWCH, Universiade, a Winter Olympic Games or for any other purpose as specified in the relevant selection policy.

YJWCH has the meaning given to that term in the AB Selection Policy for the time being in force.

ANNEX A: AUSTRALIAN BIATHLON COMPETITION SPECIFICATIONS

Australian Biathlon Race Formats 2019 including race penalties

Age Class	Shooting position	Distance	Individual M/F (penalty)	Short Individual M/F PSPS (penalty)	Sprint M/F PS (penalty)
Lasers class	all prone with rest	700m loops	5 x 700m 1 x "dunny run" per missed shot	n/a n/a	3 x 700m loops 1 x "dunny run" per missed shot
U15	all prone on standing (may use rest for 1st year)		7.5/5 PPPP (45 seconds)	5 PPPP (35 seconds)	5 PPPP (75m)
U17	prone and standing		10/7.5 PSPS (45 seconds)	7.5 PSPS (35 seconds)	6 PS (75m)
U19 (Youth Class)	prone and standing	as per IBU (but may be up to 25% shorter)	12.5/10 PSPS (45 seconds)	ABA 10/7.5 PSPS (35 seconds)	7.5/6 PS (150m)
U22 (Junior Class)	prone and standing	as per IBU (but may be up to 25% shorter)	15/12.5 PSPS (1 min)	ABA 12.5/10 PSPS (45 seconds)	10/7.5 PS (150m)
Open	prone and standing	as per IBU (but may be up to 25% shorter)	20/15 PSPS (1 min)	15/12.5 PSPS (45 seconds)	10/7.5 PS (150m)
Masters 35-50	prone and standing		7.5/5 PSPS (45 seconds)	5 PSPS (35 seconds)	5 PS (75m)
Veterans >50	prone and standing		7.5/5 PSPS (45 seconds)	5 PSPS (35 seconds)	5 PS (75m)

For non-selection races, the Australian Biathlon Race Jury may elect to apply different penalties to those prescribed by the IBU, at the Race Jury's discretion, dependant on the specific circumstances

5. PENALTIES

Penalties are reprimands, start prohibitions, time penalties, disqualifications, suspensions and fines.

5.1 Reprimands

A reprimand will be imposed in the case of:

- a. jeopardizing or defaming the honour or reputation of the IBU or its interests;
- b. insulting the IBU, its organs, its members, the organs of its members or their affiliates and relatives;
- c. violations of rules for which there is no penalty or for which there is not an expressly stated, more severe penalty.

5.2 Start Prohibition

Athletes or teams will be prohibited from starting for:

- a. violation of the eligibility and qualification requirements of the IBU Event and Competition Rules;
- b. appearing for start with material, equipment, clothing or advertising not in compliance with the IBU Event and Competition Rules or Annex A (the IBU Material Catalogue) to those Rules, or with the IBU Rules for Advertising;
- c. appearing for start with the wrong start number, or no start number/ thigh number (if thigh numbers are used), due to a mistake made by the athletes or their teams;
- d. violating the rules regarding official training, zeroing, warm-up and/or ski testing or safety regulations.

The prohibition may apply for the competition in which the violation occurred, or the next competition, as determined by the Race Jury.

5.3 Thirty-Second Penalty

If an athlete competes in a pursuit and starts up to max. three seconds before the officially assigned start time, a thirty second penalty will be imposed.

5.4 One-Minute Penalty

A time penalty of one minute will be imposed on athletes or teams for:

- a. not giving way at the first request by an overtaking competitor;
- b. committing a very minor violation of the principles of fair play or the requirements of sportsmanship.

5.5 Two-Minute Penalty

A time penalty of two minutes will be imposed on athletes or teams for:

- a. every penalty loop, resulting from shot penalties, not done by an athlete immediately after each prone or standing shoot;
- b. every round not fired if athletes recommence skiing before they have fired all five shots in an individual, sprint, pursuit or mass start competition, or all eight shots in a relay competition, having not hit all targets;
- c. committing a minor violation of the principles of fair play or the requirements of sportsmanship.

5.6 Disqualification

Athletes or teams will be disqualified for:

- a. Breaching the rules listed in Art. 5.2 a–d (as applied to the ABA);
- b. violating Article 1.4 of the IBU Event and Competition Rules “Eligibility Rules for Competitors and Teams”;
- c. receiving prohibited assistance as defined in the IBU Event and Competition Rules from a member of their team staff or noncompeting athletes from their team;
- d. avoiding start or finish inspections;
- e. Taking part in a competition with a rifle not correctly marked;
- f. modifying equipment, rifle or clothing that has been inspected and marked at start inspection, in a prohibited way;
- g. participation in a competition with a start number or start number sequence colour that has not been assigned to them on the competition start list, regardless of whether this is deliberate or due to a mistake made by them or by their team;
- h. deviating from the marked trail, or skiing a wrong trail, or skiing the course loops in a wrong sequence or in the wrong direction;
- i. using means of propulsion other than skis, poles and their own muscular force;
- j. not carrying their rifle while skiing during the competition, and for not carrying their rifle on the course, when it is not damaged, with the barrel pointing up;
- k. hindering another competitor on the course or at the shooting range by serious obstruction;
- l. exchanging a ski during the competition if the ski or binding is not broken;
- m. accepting unauthorized assistance from any person when repairing equipment, or receiving assistance other than authorized;
- n. for applying any substances during a competition intended to change the glide performance of their skis;

- o. firing more than five rounds in any shooting bout of an individual, sprint, pursuit or mass start competition or more than eight rounds in a relay, mixed relay or super sprint competition;
- p. remaining in a shooting position not permitted by the rules or in an incorrect position in the shooting lane after having been warned (interfering or crossing the red line, etc.)
- q. failing to shoot in the correct sequence of positions or from the appropriate lane;
- r. using a second magazine instead of hand-loading lost rounds, replacement rounds for misfires, or spare rounds individually;
- s. violating any shooting safety regulations as defined in Article 8.5 of the IBU Event and Competition Rules;
- t. exchanging their rifle for another rifle, after starting, in any other location than the shooting range;
- u. obstructing another athlete by not lying in or shooting from the assigned shooting lane in the mass start and/or relay competition;
- v. starting more than three seconds earlier than the assigned start time in a pursuit competition, or starting outside the start window in the sprint or individual competition without returning to the start;
- w. failing to stop competing in the competition after being lapped in the WC/WCH/IBU Cup/OECH/OWG relay, pursuit or mass start;
- x. committing a serious violation of the principles of fair play or the requirements of sportsmanship.

5.7 For violations of fair play in the finish corridors as described in ECR

3.5.1.2, the following penalties may be applied as decided by the Jury:

- a. Reprimand
- b. Adjustment for those effected by the violation
- c. Time penalty: 30 seconds, 1 minute, or 2 minutes
- d. Disqualification